

Introduction to the Psalms – AEMMC Life Groups

*7 The law of the LORD is perfect,
refreshing the soul.*

*The statutes of the LORD are trustworthy,
making wise the simple.*

*8 The precepts of the LORD are right,
giving joy to the heart.*

*The commands of the LORD are radiant,
giving light to the eyes.*

*9 The fear of the LORD is pure,
enduring forever.*

*The ordinances of the LORD are sure,
and all of them are righteous.*

*10 They are more precious than gold,
than much pure gold;
they are sweeter than honey,
than honey from the honeycomb. Ps. 19*

Week 2 - Psalm 19

Psalm 19 follows an easy outline.

- A. The Word of God in Creation
- B. The Word of God in Redemption

Read and Discuss

Read the Psalm together out loud. Have one person read v 1-6, and another read 7-10, and another 11-14.

Discuss:

What does nature teach us about God? (Isa. 40:25-26; Ro. 1:18-20)

How does the Word of God reveal God more clearly than nature?

Read John 1:1-3; 14 and Hebrews 1:1-2 and discuss how Jesus became the message of God to us.

Compare Psalm 19:12-13 with Isaiah 6:1-7 and discuss how seeing the glory of God always shows our sinfulness and leads to repentance.

How can “fear” be pure? The Hebrew word here means “reverence.” How is our reverence for God a pure thing? How might reverence and awe make us pure?

Share Stories:

Notice how concrete the Psalm becomes. We are intended to not only “know” God as an object, but to experience God in relationship – in our daily lives. Words like “refresh” and “joy” and “wisdom” talk of experience. Share how you have experienced God this week.

How has nature pointed you to God in the past? Share those experiences with your group.

What are you doing to enjoy God’s Word like David does in this Psalm?

PRAY Together

Ask if someone in your group would be vulnerable and share an area where they need prayer.

If your group is larger than six, you might divide into groups of two to pray for each other.



Pray the Psalm for your group and for the church.

May God refresh your soul as you spend time with Him.

May God's Word make you wise.

May the commands of the Lord give light to your path.

May God make you blameless and give you joy.

Psalm 119:129-135

*Your statutes are wonderful;
therefore I obey them.*

*The unfolding of your words gives light;
it gives understanding to the simple.*

*I open my mouth and pant,
longing for your commands.*

*Turn to me and have mercy on me,
as you always do to those who love your name.*

*Direct my footsteps according to your word;
let no sin rule over me.*

*Redeem me from human oppression,
that I may obey your precepts.*

*Make your face shine on your servant
and teach me your decrees.*